

# 4-H Foods Record Summary



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## For All Foods Members

Club Year 10/1/\_\_\_\_ to 9/31/\_\_\_\_ Grade\_\_\_\_ Years in this project\_\_\_\_ Years in 4-H\_\_\_\_

**A. Project goals:** Write a story or make a list telling what you would like to learn in this project this year. (Talk about what you would like to make. What would you like to do? What do you hope to learn?)

**B. Outcome of Project:** What I did and accomplished in this project this year? (Write a short story or bullet points.)

**C. Project learning activities:** **1.** Write about where you went to learn more about this project. (Talk about what help you received. **2.** Who helped you? **3.** What did you learn from them?)

1.

2.

3.

*(Use additional pages if needed)*

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**D. Post Project Reflection:** How do you feel your project went this year? In the future, how will you use what you learned this year in your 4-H project?

**E. What educational 4-H or non-4-H activities, classes, workshops, tours, practices or competitions did you attend this year, related to this project area?** Can include, club, county, and school events. (Do not include fair or public events)

Activity Attended	Topic	Location	Month

**F. Fair or public events in this project (Example: county or state fair, district show, club tours, etc.)**

Item Exhibited	Location Exhibited	Placing	Month

## **Favorite Food Project I Made This 4-H Year**

Recipe name \_\_\_\_\_

Date made \_\_\_\_\_

What occasion was the food made for? \_\_\_\_\_

Number of servings \_\_\_\_\_ Estimated cost to make? \_\_\_\_\_

Why did you choose to make this recipe?

What did you learn while making this item?

What can you do next time to improve your food?

(mount picture in space below)

**Additional pictures of your Food projects can be included on this page.**

Fill out a table for each food item made. Use additional sheets if needed.

<b>Food(s) made</b>		<b>Date made</b>	
<b>Snack or meal?</b>		<b>Quality of product (Excellent, Good, Fair)</b>	
<b>What I learned from making this project:</b>			
<b>Why did you choose to make this food?</b>			

<b>Food(s) made</b>		<b>Date made</b>	
<b>Snack or meal?</b>		<b>Quality of product (Excellent, Good, Fair)</b>	
<b>What I learned from making this project:</b>			
<b>Why did you choose to make this food?</b>			

<b>Food(s) made</b>		<b>Date made</b>	
<b>Snack or meal?</b>		<b>Quality of product (Excellent, Good, Fair)</b>	
<b>What I learned from making this project:</b>			
<b>Why did you choose to make this food?</b>			

<b>Food(s) made</b>		<b>Date made</b>	
<b>Snack or meal?</b>		<b>Quality of product (Excellent, Good, Fair)</b>	
<b>What I learned from making this project:</b>			
<b>Why did you choose to make this food?</b>			

<b>Food(s) made</b>		<b>Date made</b>	
<b>Snack or meal?</b>		<b>Quality of product (Excellent, Good, Fair)</b>	
<b>What I learned from making this project:</b>			
<b>Why did you choose to make this food?</b>			

<b>Food(s) made</b>		<b>Date made</b>	
<b>Snack or meal?</b>		<b>Quality of product (Excellent, Good, Fair)</b>	
<b>What I learned from making this project:</b>			
<b>Why did you choose to make this food?</b>			